



Outdoor Contact Sports Opt-In Form

Updated 2/16/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer outdoor contact sports for the 2020-21 school year in accordance with the Governor’s February 10, 2021 update to [Outdoor Contact Sports Guidance](#). Once final, this form will be posted to a school or district website and a link to it will then be sent to ODE.

In Lower Risk and Moderate Risk counties, practices and games for outdoor contact sports, including high school football, can resume following health and safety guidance to be issued by the Oregon Health Authority.

In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Regis St. Mary Catholic School
Key Contact Person for this Plan	Candi Hedrick
Phone Number of this Person	(503) 769-2159
Email Address of this person	principal@regisstmary.org
Specify Outdoor Contact Sports Included in this Plan	Football
Intended Starting Date for this Plan	February 23, 2021

School Instructional Model

OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

Plan Details for School Instructional Model

Please enter the details of your plan that correspond to the requirements listed above:

On-Site Instructional Model (effective Jan. 25, 2021)

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Please enter the details of your plan that correspond to the requirements listed above:

On-site COVID testing available by Tuesday, February 23, 2021

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each outdoor contact sports practice and contest.
- Detail your school's specific plans to meet this requirement.
- Sample contact tracing forms:
 - o [COVID Monitoring Form: Excel](#)
 - o [COVID Monitoring Form: PDF](#)

- COVID Monitoring Form to be used for contact information and contact tracing by all RSM participants, coaches, officials, staff, and spectators.

Plan Details for Contact Information for Contact Tracing

Please enter the details of your plan that correspond to the requirements listed above:

COVID Monitoring Forms to be collected and kept on file in school office

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to outdoor contact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school's specific plans to meet this requirement.
- [Student Waiver Form](#)

Plan Details for Student-Athlete Waiver

Please enter the details of your plan that correspond to the requirements listed above:

Student Waiver forms to be provided digitally and in paper copies to student athletes and parents. All students wishing to participate in athletics will be required to have the form completed and submitted to the school office before participating in athletic programs.